A Christian Perspective on Watching Secular TV Programming

Handout #3

Some Suggestions for managing TV Viewing

- 1. If you do watch, insist on good shows that cultivate good character and moral values.
- 2. If possible, have only one television set in the house. Do not keep it in a prominent place. When not being used, cover the set or put it away if it's portable.
- 3. Carefully select programs that will be interesting and informative to the whole family. Do this ahead of time to eliminate random, spontaneous selection. Don't rely on the set as a diversion too often as it will become habitual. Don't let younger children turn on the television without permission.
- 4. After watching a program, discuss what was seen with the family. Encourage Christian discernment by asking whether or not the show would have been pleasing to God. Show your children that they have a right and duty to evaluate, not just passively accept, what the TV program offers them. Their standards are those of Jesus Christ and His church in all aspect of their lives.